



Ready, Willing, Able

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1st November 2019

Dear parents and caregivers

As we move towards the end of the school year, the Middle School have had an amazing week with their Outdoor Education activities. Tuesday surfing and a Great Race, some budding scientists on Wednesday, Thursday Orana Park and Margaret Mahy Park, followed by the sleepover will ensure that there are some children sleeping well over the weekend!

I need to say a big thank you to all the parents (and kids) who came to help out at the working bee. The amount of tree pruning, weeding and general clearing was stunning. We now have begun with the planting out of the gardens. The excitement that surrounded Room 2 and their efforts in planting the garden outside their classroom was great. It will take a while for the plants to take hold but once they become established they will enhance the school.

Thanks to the Home and School who put on a sausage sizzle at the working bee to say thank you to those who gave up their time. With so many people, most of the work was completed in the 2 hour time frame that was allocated. A working bee is a great way to help keep the school looking good - heads up we will run another one in Term 1 next year - around week 7 - to help get the school ready for the Autumn/Winter period. We will publish the date early in Term 1.

A big thank you also to Darren Ladbrook who co-ordinated the movement of the manure kindly donated from the Talbots farm and the compost donated from the Timaru District council. This allowed the working bee to run more efficiently with easy access to the materials

Thanks to Kelly Miles who has worked closely with us to ensure the selection of plants is appropriate for the position and ensuring what is planted will work well for the school.

Thanks

Matthew



Car park garden in front of Room 3A



Planter box in front of Room 2

Happy &

Healthy

Environmentally

Aware

Aspire

Respectful

Tenacity

Be ready,
willing and able
to have HEART,
to be proud of
who we are and
what we do -
today and
tomorrow.

COMING UP

4th—8th November—Junior School OE Week & Book Week

Friday 8th November - Pets Day

TERM 4 CALENDAR

4th—7th November	Junior School OE Week
4th—8th November	Book Week
5th November	BOT Meeting @ 7pm
8th November	Pet Day
13th November	Home & School Meeting
15th November	Yellow Pages Delivery
22nd November	H & S Disco (BRS theme)
26th November	Rural Schools Athletics
3rd December	South Canterbury Schools Athletics
6th December	Room 6 Tekapo Trip
11th December	Year 8 Dinner @ The Shearers Quarters
13th December	Final Farewell Assembly
17th December	LAST DAY OF SCHOOL

DON'T FORGET!



SCHOLASTIC
Book Club
orders are due:
15th November

Barton Brag!



Well done to Theo Gleeson, Will Coupland and Kees Bruin who competed in the South Canterbury Mountain Biking competition yesterday at the Scenic Reserve. Results are yet to be released.



Middle School OE Week



Staff Talk

Anxiety

Linked below are 2 clips for your interest (the first one is easy to listen to the second one is more scientific)

Joe Piscatella shares three tips on managing stress in this week's expert tip.

In this video, Joe Piscatella provides 3 tips for dealing with stress. They are short and succinct and align perfectly with the ideas of our Student Wellbeing.

<https://www.youtube.com/watch?v=ZFDBmxn80M4>

The couple of questions that come to mind are:

- ◆ What would you want people to put on your 'stone'?
- ◆ After hearing what Joe Piscatella is saying about anxiety am I and my family in a position to deal with Anxiety when it does arise?

The following clip is (a little scientific) but still can give an insight into how and why our kids are dealing with stress.

How does stress affect a child's development and academic potential? | Pamela Cantor

<https://www.youtube.com/watch?v=mWh5jzusVNM>

Understanding cognitive development and stress in children can add context to systems of education.

- ◆ The majority of the growth of the human brain happens after birth.
- ◆ While unrelenting stress can damage developing structures of the limbic system, calibrated challenge can positively stimulate brain growth. Teachers have an important role in ensuring students of their safety when taking on new challenges.
- ◆ Pamela Cantor, M.D. practiced child psychiatry for nearly two decades, specializing in trauma. She founded Turnaround for Children after co-authoring a study on the impact of the 9/11 attacks on New York City schoolchildren. She is a Visiting Scholar in Education at Harvard University and a leader of the Science of Learning and Development Alliance.

From the Board

The Board of Trustees want to say a HUGE thank you to the wonderful Barton school staff and community for a couple of significant events recently.

To the staff, students, parents and wider community who were part of the Aladdin production—what a first class show it was! From the staff and parents behind the scenes to the students who had obviously worked hard on their parts and the amazing costumes and set—it was a very entertaining production. Well done to you all!

Secondly, it was very heartening to see a number of families donate some time to the working bee at school held a few weekends ago. If it wasn't for this support, it would have been a mammoth and costly project on its own. A huge amount of work was done to prepare the gardens for new plantings and have tidy up. Thanks to Matt and staff for all their organizing and the Home & School committee for firing up the BBQ—a great example of a school community mucking in and getting it done and we look forward to seeing the final result.

Pet Day 2019



Friday 8th November

Entry forms have now been sent via email with a link to the form.

Please fill one form in for EACH child and submit by Monday 4th November.

New Spuds

Not only are our flowers bed gardens looking sharp, now our vegetable plots are looking great thanks to Malcolm Coles, Ross Brown and Andrew Starik who planted seed potatoes which will be ready in time for Christmas!

A huge thank you also to Allan Patrick who donated the seed potatoes to the school.



Telephone Book Fundraiser

Yes it is that time of year again. For those of whom are new to school or don't know, every year we deliver telephone books in the Timaru North area. This year delivery starts on **Friday 15th November**. The money raised from this fundraiser will be allocated to resources. This is a very BIG job (just over 6,500 books to deliver) which requires lots of keen helpers.

Below are some ways in which you could help with the fundraiser:

- * At least 15-20 adults to assist with delivering books on the morning of Friday the 15th November to businesses and busy areas with the assistance of senior students.
- * 15 families to deliver to areas (up to 1 ½ hours of your time) anytime between Friday 15th November and Sunday 23rd November.

Children love helping to deliver especially when the funds are directly benefitting them.

If you haven't already filled in your yellow form to help out, please do so by Monday 11th November or email organizer Trisha Gilkison at trisha.stubbings@gmail.com with your details.

Caroline Bay Soundshell | 3KM | Tuesday 5th November | 6:30PM

510 Adults, \$2 Student/Children, \$20 Family

2019 RETRO RUN

3KM RETRO RUN
FUNDRAISER FOR LIGHTING AT SIR BASIL ARTHUR PARK

Tuesday 5th November 2019 | Sound Shell, Caroline Bay
Registration from 5.30pm, Run starting at 6.30pm
(Route around the Bay area. All off road buggy & kid friendly)

\$10 adults, \$2 students/children, \$20 family concession
Dress up 70's style - lots of spot prizes up for grabs!

the FRONTRUNNER | **RUN TIMARU** | **THE SPEIGHT'S ALE HOUSE**
GENUINE TO A FAULT TIMARU

Contact: retrorunonthebay@gmail.com

Humorous, informative and inspirational...

TIMARU
Tuesday 4 November
6.30pm - 9.00pm

WASTE FREE PARENTING WORKSHOP

with *Kate Meads*

Timaru District Council Chambers, 2 King George Place, Timaru.
(USE BARNARD ST ENTRANCE)

Kate Meads will teach you exciting and inspirational ways to minimise waste, while introducing you to modern sustainable products for use in the home.

At the workshop Kate will:

- » Show you lots of ways you can reduce waste at home
- » Introduce you to sustainable household products
- » Show the environmental impact of the choices you make
- » Dispel the myth about what happens to your waste

\$100 Gift Bag with every ticket sold!

Tickets: \$25 individual / \$25 per couple

BOOK NOW AT:
www.katemeads.co.nz
Kate 027 22 11 242

Booking fees may apply. eventfinda

TIMARU TDC DISTRICT COUNCIL

Gleniti Scouts

Gleniti Scouts is for Boys and Girls aged 10.5 to 14 years old who would like to learn some outdoor skills, teamwork, make new friends, challenge themselves and have fun. Some activities we do are - camping, walks, craft work, basic cooking and earn badges



If you or your child is interested in finding out more about Scouts or would like to come along to see what we do, then please either contact Kathryn on 0273343015 or visit the Gleniti Scout Group stall at the Highfield School Fair on Sunday 3 November for information on Keas, Cubs and Scouts.

Kathryn – Gleniti Scout Leader