



Ready, Willing, Able

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6th September 2019

Dear parents and caregivers

As we head toward the Summer our Winter Sports are all coming to an end. The Netball teams all had their last game last weekend, rugby teams have now had their break-ups and most soccer grades are entering their last games this weekend.

It is great to see many of our students playing in representative teams or participating in National Tournaments/Events. If your child/ren are selected for one of these teams, or is awarded in other extra curricular activities (music, drama, dance or any of the arts), please let us know so that we can put it our newsletter as we are super proud of these achievements and would love to share them with our community!

Our Year 4 - 6 Basketballers have now begun their season with a record number of teams being entered by Barton. Thank you to Mrs Coupland for co-ordinating these teams. With a record number of teams we have needed a record number of coaches as well, thank you so much for all the parents (and teacher) who are assisting with the coaching the teams. I know that this is a huge commitment but one that we need to be able to enter the teams.

Mrs Benson will be contacting Touch players in the next few weeks looking for interest in those who are keen to play this year. Remember if you commit to play as a Year 8 student, you are committing to play for the first few weeks in the new school year.

NO ASSEMBLY Week 8

Due to the logistics with Production and a school visit there will be no assembly next week. Room 1 & 2 will lead the first assembly next term.

Thanks

Matthew



Looking at purchasing a refurbished Chromebook?

As a school we have just completed a purchase of 20 refurbished Chromebooks. We have had a couple of inquiries asking if families are able to purchase a refurbished chromebook themselves. We have contacted the supplier and they are offering refurbished Acer Chromebook @ \$219.00 including free shipping and 1-year Hardware warranty RTB. [Link](#) to the computer's specifications.

If you are keen to purchase a refurbished Chromebook please contact the office and we will put an order in for you.

Happy &

Healthy

Environmentally

Aware

Aspire

Respectful

Tenacity

**Be ready,
willing and able
to have HEART,
to be proud of
who we are and
what we do -
today and
tomorrow.**

COMING UP

**Monday 23rd September—South Canterbury Anniversary Day
(School Closed)**

TERM 3 CALENDAR

10th September	BOT Meeting at 7pm
23rd September	South Canterbury Anniversary Day
25th/26th September	Production
27th September	Loud Shirt Day

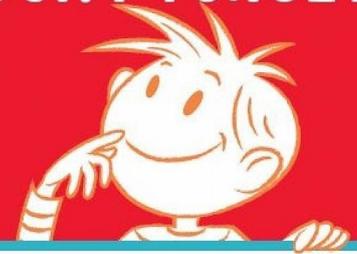
Barton Brag!



Well done to Lincoln Butchers, Carter Hayes and Hunter Birchall who have all been selected for the South Canterbury U11 Rugby squad.



DON'T FORGET!



SCHOLASTIC
Book Club

orders are due:

21st September

Congratulations to Celeste Gleeson who was awarded the Zest Restaurant "Awesome Umpire of the Week" by Netball South Canterbury. Celeste is in her first year of umpiring the Yr 5/6 age group. She was nominated by a coach for making confident and consistent calls throughout the game!

Education Outside the Classroom – Year 3, 4 & 5

29 October – 1 November

You will have received via e-mail forms that indicate our broad outline of activities and where and when we will require parental assistance for our exciting week. Thank you to those of you who have completed these. If you have not done so, please can you complete a.s.a.p. Of course we are very dependent on your support, especially to transport the children beyond the school gates! Please note that if you indicate a willingness to stay overnight on Thursday 31st, your name will automatically be submitted for a police check, as this is a requirement by law that we need to adhere to. Please also note that we are unable to include younger siblings/pre-schoolers in any part of the week.

Please touch base with Kate, Jess or Leana if you have any queries.

Many thanks



Staff Talk

What the staff have been discussing

The following are 2 Interesting articles that we have been looking at regarding sleep and sleep patterns for children and adults. The first is from the [Independent](#), an online news website based in the UK regarding sleep and sleeping patterns.

How Much Sleep Do I Need?

NATIONAL SLEEP FOUNDATION UPDATES ITS GUIDELINES

Understanding about sleep, its impact on health and wellbeing, doesn't only apply to students. We as adults also need to ensure that we are getting enough sleep so that we are energized and healthy for our lives. So how much sleep do we need?

Below are the National Sleep Foundation updates it's guidelines for different age groups as reported in the Independent newspaper article:

- * Toddlers (1 - 2 years): 11-14 hours per day
- * Pre-school children (3 - 5 years) 10-13 hours per day
- * School age children (6 -13 years) 9-11 hours per day
- * Teenagers (14 - 17 years) 8-10 hours per day
- * Younger adults (18 - 25 years) 7-9 hours per day
- * Adults (26 - 64): 7 - 9 hours per day

A fact from this article states: 'A study of almost 10,000 16-19 year-olds found that more than two hours of screen time after school linked strongly to delayed and shorter periods of sleep.'

Why Are Teenagers So Sleep-Deprived?

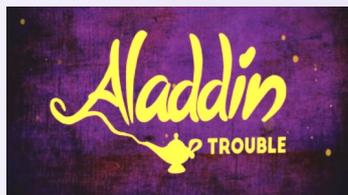
Here is an [article](#) from the Child Mind Institute. Although this is from the US it does have links to us here in NZ. Sleep patterns and pressures on Secondary aged students from School which includes pressures from homework, exams, studying, assignments, etc and from society including peers, social media, extra curricular activities etc. all have an effect on children as they grow up.

What's going on here?

Unfortunately biology, technology, and societal expectations together create a perfect storm for the chronic sleep deprivation. The major contributors to adolescent sleep debt come down to these factors.



PRODUCTION TICKETS ARE NOW ON SALE!



Performance dates:

Wednesday 25th September—12.45pm Matinee

Wednesday 25th September—6.15pm

Thursday 26th September—6.15pm

Family tickets—\$30, Adults—\$15

Children—\$5 (secondary school aged children)
(pre-schoolers and primary aged children are free)

HOME & SCHOOL THANK YOU!

A huge thankyou to all that supported our recent Casino night, it was a great night and a really good atmosphere, lots of fun. Thank you very much to all parents that contributed by bringing in some delicious goodies.

A big shout out to all those involved in running the night, Mrs Benson and Tony Lauren did a fabulous job on the Black Jack tables, Paul Jackson and Paul Robinson entertaining us on the Roulette table, Andrew Stark compering for us on the microphone and the home and school members that put hours into this event. Such an amazing team of people which made a very successful evening.

Thankyou to our sponsors who are listed below for your support and generosity, we had some great prizes. If anyone is interested in holding a social event, we hire out our casino gear, contact us on homeandschool@bartonrural.school.nz to know more.

Thank you!



To all the businesses & individuals who have donated prizes for this evening

FASHION | FOCUS

COUPLANDS
Animal Food Ltd
MANUFACTURERS OF QUALITY ANIMAL FOODS

S.P.M Starky

noel leeming

TEMUKA
TRANSPORT

Coenie & Fiona

Alpine
Joinery Ltd

Tammy Goddard

Mike Pero
MORTGAGES

Graham Talbot

Kit & Ross

Fi Jackson



Timaru District Libraries



October School Holiday Programme

HELP, HELP! WHO'S ABOUT?

Emergency services to the rescue!

Timaru Children's Library *

Session times:

Tuesday 1 and 8 October
and Thursday 3 and 10 October
10:30 to 11:30 am
and 2:30 to 3:30 pm

Geraldine* and Temuka Library

Session times:

Wednesday 2 and 9 October
and Friday 4 and 11 October
10:30 to 11:30 am



Junior Squash

Finished winter sport Give SQUASH a go

Mondays

Y1-4: 3.30pm - 4.15pm

Y5-8: 4 - 4.45pm

Free for new players in September
Providing an opportunity to have fun on the courts!

Timaru Squash Club - Brunswick Street
Contact Jen 021685441

Highfield Tennis Club Junior Open Day

Saturday 7th September

Springs Road

1pm - 3pm

Fun games, meet our coach, sausage sizzle, spot prizes

Come and find out what our Club has to offer and Registration for returning members.

Contact Robyn 0274518981

active KIDS
PROGRAMMES

7-11 October 2019

The Southern Trust Events Centre,
Morgan's Road, Timaru

The October Holiday break is only weeks away!
Are you working & need childcare or after some fun activities to stop the boredom???

Sign up your child today to experience a huge range sports & heaps of awesome activities!!!

Active Kids is a fun, safe and affordable holiday option that combines a large variety of sports, fundamental skills & offsite visits for children aged 5-13 years.

Full day (8.30-5) and half day (8.30-12) options available from as little as \$15 per session.



REGISTER TODAY

sport canterbury
SOUTH CANTERBURY

Full details and to register on line go to www.sportcanterbury.org.nz

or contact Sport Canterbury: phone 03 686 0751
Limited Spaces available.

**REGISTRATIONS CLOSE
MONDAY 1st October 2019**

HAVE A GO

FUN DAY

28th September
11am - 1pm

FREE EVENT & BBQ

Fun Tennis Games & Drills
Bring Your Friends & Racquet!
Have Some Tennis Fun!
At the Trust Aoraki Tennis Centre

Pre-Register Online!
Go in the draw to win awesome prizes!
Registrations not essential but if you pre-register your attendance by Tuesday 24th September 2019 you can go in the draw to win an awesome tennis prize!

Register by 24th September Online
www.tennisouthcanterbury.co.nz